

Stephen Robertson

Cores

Cut a kiwi
equatorially:
no pips, no stone.

Avocado:
pole-to-pole
all around the stone
twist to separate.

Orange, lemon, lime:
equatorially
squeeze the juice
leave the pith and pips.

Papaya, melon:
pole-to-pole
scoop out the mushy core.

Mango:
find the flat sides of the stone
slice alongside
almost pole to almost pole
close as you can.

Apple, pear:
pole-to-pole
in half then quarters
cut the core from each.

—

But no, for once
cut an apple
equatorially
see its secret:
the apple is a five-pointed fruit.